

Jennifer T. Grant Weinandy

née: Jennifer T. Grant

Educational Details and Academic Qualifications

2022 to present *Predoctoral Internship* in Clinical Psychology

**New Mexico Veteran's Affairs Health Science Consortium
(NMVAHSC)/Southwest Consortium, USA**

2019 to present *Doctor of Philosophy* in Clinical Psychology (Clinical Health Concentration)

Bowling Green State University, USA; GPA: 4.0

Dissertation: *Understanding Perceptions of the Levels and indicators of
Addictiveness and Related Factors*; Proposed September 2021

Chair: Joshua Grubbs, Ph.D.

Preliminary Project: *Religious and Spiritual Beliefs and Attitudes Towards*

Addiction and Addiction Treatment: A Systematic Review; Defended May 2021

Chair: Joshua Grubbs, Ph.D.

2017 to 2019 *Master of Arts* in Clinical Psychology

Bowling Green State University, USA; GPA: 4.0

Thesis: *The Effect of Gambling on Religious and Spiritual Struggles*; Defended
May 2019

Chair: Joshua Grubbs, Ph.D.

2013 to 2017 *Bachelor of Science (Summa cum laude)*

John Carroll University, USA; GPA: 3.92

Psychology Major; Leadership Development and Theology Minors

Research and Presentations

Peer-reviewed Publications

Grant Weinandy, J. T., Lee, B., Hoagland, K. C., Grubbs, J. B., & Böthe, B. (2022). Anxiety and Compulsive Sexual Behavior Disorder: A Systematic Review. *The Journal of Sex Research*, 1–13. <https://doi.org/10.1080/00224499.2022.2066616>

Braden, A., Redondo, R., Ferrell, E., Anderson, L., **Grant Weinandy, J.**, Watford, T., & Barnhart, W. R. (2022). An open trial examining dialectical behavior therapy skills and behavioral weight loss for adults with emotional eating and overweight/obesity. *Behavior Therapy*.

Grant Weinandy, J. T., & Grubbs, J. (2021). Religious and spiritual beliefs and attitudes towards addiction and addiction treatment: A scoping review. *Addictive Behavior Reports*, 14. <https://doi.org/10.1016/j.abrep.2021.100393>

Grubbs, J. B., Perry, S. L., **Grant Weinandy, J. T.**, & Kraus, S. W. (2021). Pornademic? A longitudinal study of pornography use before and during the COVID-19 pandemic in a

- nationally representative sample of Americans. *Archives of Sexual Behavior*.
<https://doi.org/10.1007/s10508-021-02077-7>
- Grant Weinandy, J. T.**, & Grubbs, J. B. (2021). Gambling with God: The effect of gambling on religious and spiritual struggles. *Mental Health, Religion and Culture*, 24(5).
<https://doi.org/10.1080/13674676.2021.1878491>
- Jensen, C., Koerten, H., Mattei, G., **Grant Weinandy, J.**, Froemming, M., Dulek, E., & Dworsky, D. (2021). Examination of ethnic racial identity exploration and commitment in emerging adults: Group comparisons and specific features of multiracial identity. *Journal of American College Health*. <https://doi.org/10.1080/07448481.2021.1900197>
- Ferrell, E. L., Russin, S. E., & **Grant, J. T.** (2021). On being a client with posttraumatic stress disorder: Interactions with treatment providers and institutional barriers. *Journal of Community Psychology*, 49(3), 791–805. <https://doi.org/10.1002/JCOP.22359>
- Grubbs, J. B., Hoagland, K. C., Lee, B. N., **Grant, J. T.**, Davison, P., Reid, R. C., & Kraus, S. W. (2020). Sexual addiction 25 years on: A systematic and methodological review of empirical literature and an agenda for future research. *Clinical Psychology Review*, 82. <https://doi.org/10.1016/j.cpr.2020.101925>
- Gutierrez, I. A., Chapman, H., Grubbs, J. B., & **Grant, J.** (2020). Religious and spiritual struggles among military veterans in a residential gambling treatment programme. *Mental Health, Religion & Culture*, 23(2), 1–17.
<https://doi.org/10.1080/13674676.2020.1764513>
- Rosenberg, H., **Grant, J.**, & Davis, A. K. (2020). Acceptance of non-abstinence as an outcome goal for individuals diagnosed with substance use disorders: A narrative review of published research. *Journal of Studies on Alcohol and Drugs*, 81(4), 405–415.
<https://doi.org/10.15288/jsad.2020.81.405>
- Grubbs, J. B., **Grant, J. T.**, & Engelman, J. (2018). Self-identification as a pornography addict: Examining the roles of pornography use, religiousness, and moral incongruence. *Sexual Addiction & Compulsivity*, 25(4), 1–24. <https://doi.org/10.1080/10720162.2019.1565848>

Invited Book Chapters

- Grubbs, J. B., & **Grant, J. T.** (2020). Spirituality/religion and behavioral addictions. In D. H. Rosmarin & H. G. Koenig (Eds.) *Handbook of Spirituality, Religion, and Mental Health* (pp. 139–157). Elsevier. <https://doi.org/10.1016/B978-0-12-816766-3.00008-2>
- Grant, J. T.**, Grubbs, J. B., & Kraus, S. W. (2019). Gambling. In F. R. Frankenberg (Ed.) *Addictions: Elements, History, Examples, And Research*. ABC-Clio.

Manuscripts in Progress

- Grant Weinandy, J. T.**, & Grubbs, J. Religion, politics, and what we think is addictive.
- Grant Weinandy, J. T.**, & Grubbs, J. Understanding perceptions of levels and indicators of addictiveness and related factors.
- Grant Weinandy, J. T.**, Kraus, S. W., & Grubbs, J. B. Why get help? Anticipated reasons for future help-seeking for addictive behavior in a U.S. Nationally representative sample of adults.

Presentations

- Grant Weinandy, J. T.**, Kraus, S. W., & Grubbs, J. B. (2022, October). *Why Get Help? Anticipated Reasons for Future Help-Seeking for Addictive Behavior in a U.S. Nationally Representative Sample of Adults*. A poster presented at the 23rd International Center for Responsible Gaming (ICRG) Conference on Gambling and Addiction, Las Vegas, USA.
- Grant Weinandy, J. T.**, Hoagland, K. C., Floyd, C. G., James, A. S., Kraus, S. W., & Grubbs, J. B. (2022, June). *Evaluating Links Between Symptoms of Compulsive Sexual Behavior Disorder, Substance Use, and Behavioral Addictions: Results from a U.S. Nationally Representative Sample*. A paper presented at the International Conference on Behavioural Addictions, Nottingham, UK.
- Grant Weinandy, J. T.**, Kraus, S. W., & Grubbs, J. B. (2022, June). *Why Get Help? Anticipated Reasons for Future Help-Seeking for Addictive Behavior in a U.S. Nationally Representative Sample of Adults*. A paper presented as part of a symposia entitled: “Broadening Our Horizons: Exploring Sports Betting Behaviors, Gambling Motives, Barriers to Care for Help Seeking, and Cultural Considerations for Diverse Populations” at the International Conference on Behavioural Addictions, Nottingham, UK.
- Grant Weinandy, J. T.**, Lee, B., Hoagland, K. C., Grubbs, J. B., & B  the, B. (2022, June). *Anxiety and Compulsive Sexual Behaviour Disorder: A Systematic Review*. A paper presented at the International Conference on Behavioural Addictions, Nottingham, UK.
- Braden, A., Ferrell, E., Redondo, R., Anderson, L., **Grant Weinandy J.**, Watford, T., & Barnhart, W. R. (2020, October). *Adapted Dialectical Behavioral Therapy for overweight/obese emotional eaters*. Poster presented virtually (due to Covid-19) at The Obesity Society Obesity Week Conference.
- Grant, J. T.**, & Grubbs, J. B. (online; 2020, April). *Religion, politics, and what we think is addictive*. A poster accepted to the Collaborative Perspective on Addiction Annual Meeting, San Diego, CA.
- N.B. This conference was cancelled due to the COVID-19 pandemic, although research was shared virtually, and a copy is available at: <https://osf.io/38vyw/>.
- Ferrell, E. L., Russin, S. E., & **Grant, J. T.** (2020, April). *On Being a Client with Posttraumatic Stress Disorder: Interactions with Treatment Providers and Institutional Barriers*. Paper presented at the Charles E. Shanklin Colloquium, Bowling Green, OH.
- Grant, J. T.**, & Grubbs, J. B. (2019, March). *The effect of gambling on religious and spiritual struggles*. A paper presented at the Biannual Meeting of Div. 36: The Society for the Psychology of Religion and Spirituality, Bowling Green, OH.
- Varga, A., **Grant, J.**, & Engelman, J. (2018, July). *Acceptance and commitment therapy for PTSD: A meta-analysis of treatment outcome studies*. A poster presented at the ACBS World Conference 16, Montreal, Canada.
- Grant, J. T.**, & Grubbs, J. B. (2018, June). *Gambling problem severity and the experience of religious and spiritual struggles*. A paper presented at the 32nd National Conference on Gambling Addiction and Responsible Gambling, Cleveland, OH.
- Varga, A., **Grant, J.**, & Engelman, J. (2018, May). *Acceptance and commitment therapy for PTSD: A meta-analysis of treatment outcome studies*. A poster presented at the 25th Annual Symposium on Research in Psychiatry, Psychology and Behavioral Science, Toledo, OH.
- Grubbs, J. B., **Grant, J.T.**, Chapman, H., Milner, L., & Gutierrez, I.A., (2018, April). *An unGodly wager: Religious and spiritual struggles among pathological gamblers*. A paper

presented at the Annual Conference for the Psychology of Religion and Spirituality, Riverside, CA.

Grant, J. T., & Grubbs, J. B. (2018, April). *Substance use, abuse, and the experience of religious and spiritual struggles*. A paper presented at the Annual Conference for the Psychology of Religion and Spirituality, Riverside, CA.

Grubbs, J. B., **Grant, J.T.**, Chapman, H., Milner, L., & Gutierrez, I.A., (2018, April). *Exploring relationships between pathological gambling symptoms and religious/spiritual difficulties*. A paper presented at the 5th Annual International Conference on Behavioral Addictions in Cologne, Germany.

Grant, J. T., & Yost, J. (2017, May). *The relative effectiveness of meditation and progressive muscle relaxation in reducing stress of college students*. A poster presented at the Midwestern Psychological Association, Chicago, IL.

Grant, J., Hanes, T., Tripp, C., & Pierce, M. (2016, April). *Social and physical risk perceptions of smoking cigarettes and marijuana after priming*. A poster presented at the Celebration of Scholarship Poster Session at John Carroll University, Cleveland, OH.

Grant, J., Hanes, T., & Pierce, M. (2016, March). *Social and physical risk perceptions of smoking cigarettes and marijuana after priming*. A poster presented at the Cleveland Psychological Association's Poster Session, Cleveland, OH.

Reviewer Experience

Ad-Hoc Reviewer for:

Sexual Health and Compulsivity (aka, Sexual Addiction and Compulsivity)

Other Research Experience

January 2019 to December 2020 **Finding Balance in Emotions and Eating Research Group**

Role: Lab member

Principal Investigator: Abby Braden, Ph.D.

Studies Involved in: i) Live FReedom from Emotional Eating (FREE) Treatment Study
ii) Ecological Momentary Assessment study of emotional eating behavior

August 2017 to May 2017 **Non-abstinence Goal Research Program**

Role: Graduate Research Assistant

Principal Investigators: Harold Rosenberg, Ph.D.

Studies Involved in: i) Narrative review of research looking at acceptance rates of non-abstinence as an outcome goal for substance use disorders
ii) Understanding reasons for abstaining from and for using energy drinks;
iii) Young people's attributions for abstinence from alcohol and drugs

August 2016 to May 2017 **Undergraduate Independent Student Research Group**

Role: Undergraduate Researcher

Principal Investigators: John Yost, Ph.D.

Studies Involved in: i) Quantitative analysis of college student's stigma, political identity, and perceptions of future repercussions for heroin users
ii) Effectiveness of meditation and progressive muscle relaxation in reducing stress of college students

August 2015 to May 2016 **Masterson Research Group**

Role: Undergraduate Researcher

Principal Investigators: Tracy Masterson, Ph.D.

Studies Involved in: i) Secondary data analysis of parental satisfaction with children's health care and barriers to mental health care

Achievements, Awards, and Honors

- 2022 **Travel Award** for the International Conference on Behavioral Addiction, Nottingham, UK
(\$650) from Clinical Psychology Department Travel Fund, Bowling Green State University
- 2022 **Travel Funding** for the International Conference on Behavioral Addiction, Nottingham, UK
(\$1500) from the Kindbridge-GOVET-Gambling Outcomes Grant (PI: Joshua Grubbs, Ph.D., Bowling Green State University)
- 2022 **Drs. Larry and Lorraine Nulton Clinical Psychology Research Fund** for support with dissertation research (\$925) from Bowling Green State University
- 2021 **Departmental Research Funding** for support with dissertation research (\$500) from Clinical Psychology Department, Bowling Green State University
- 2020 **Travel Award** for the at the Collaborative Perspective on Addiction Annual Meeting, San Diego, CA
(\$600) from Clinical Psychology Department Travel Fund, Bowling Green State University
- 2020 **Travel Award** for the at the Collaborative Perspective on Addiction Annual Meeting, San Diego, CA
(\$85) from Bowling Green State University Graduate Student Senate
- 2020 **Travel Award** for the at the Motivational Interviewing Training, Ann Arbor, MI
(\$260) from Clinical Psychology Department Travel Fund, Bowling Green State University
- 2020 **Travel Award** for the at the Motivational Interviewing Training, Ann Arbor, MI
(\$60) from Bowling Green State University Graduate Student Senate
- 2020 **2nd Place Award** at the Shanklin Colloquium Paper Presentation Competition, Bowling Green, OH
On being a client with PTSD: Interactions with treatment providers and institutional barriers.
- 2019 **Teaching and Learning Certificate** for completion of training programming related to teaching and learning sponsored by the Center for Faculty Excellence at Bowling Green State University
- 2019 **Research Award** for the at the Annual Conference for the Psychology of Religion and Spirituality, Bowling Green, OH

- 2018 (\$60) from Bowling Green State University Graduate Student Senate
Travel Award for the at the 32nd National Conference on Gambling Addiction and Responsible Gambling, Cleveland, OH
- 2017-2022 (\$100) from Bowling Green State University Graduate Student Senate
Full Tuition Scholarship associated with admission and attendance to Bowling Green State University's Clinical Psychology Doctoral program
- 2017 **The Nicholas Dicaprio Distinguished Graduate in Psychology Award** for students who have achieved an overall and major GPA, a high score on the psychology achievement test, and have been involved in psychological research and/or practicum activities in psychology in demonstrably significant ways (\$100)
- John Carroll University
- 2017 **Psychology Scholastic Achievement Award** for students who achieved the highest major and overall GPA
- John Carroll University
- 2017 **The Research Recognition Award** for students involved in psychological research in substantial ways
- John Carroll University
- 2017 **Travel Award** for the Midwestern Psychological Association, Chicago, IL (\$250) from the office of the Academic Vice-President, John Carroll University
- 2016 **1st Place Poster Award** at Cleveland Psychological Association's Poster Session, Cleveland, OH
Social and physical risk perceptions of smoking cigarettes and marijuana after priming.
- 2013-2017 **Dean's List** at John Carroll University, Cleveland, OH

Clinical Experience

- July 2022 to Present **New Mexico Veteran's Affairs Health Science Consortium (NMVAHSC)/Southwest Consortium, USA**
Position Title: Predoctoral Psychology Intern
Supervised by: Francisco Salgado Garcia, Ph.D., Lee Glancey, Psy.D., Norma P. Fernandez, Ph.D.
Major Rotations:
- UNM Hospital's Addiction and Substance Abuse Program (ASAP)
 - Primary Care Mental Health Integration at the New Mexico VA (*expected*)
 - Ward 7 at the New Mexico VA (*expected*)
 - Assessment Clinic at the New Mexico VA conducting Compensation and Pension, Transplant, Bariatric Surgery, and Psychodiagnostic evaluations
- January 2018 to April 2022 **Psychological Services Center Graduate Training, BGSU**
Position Title: Graduate Student Clinician and Psychology Clinic Assistant
Supervised by: Joshua Grubbs, Ph.D., Dryw Dworsky, Ph.D., Abby Braden, Ph.D., and Renee Brott, Psy.D.
Responsibilities:

- Provided in-person and virtual individual therapy for college students and community members using a variety of therapeutic modalities
- Completed integrated assessments and reports (e.g., ADHD, Autism, ID, LD, personality, mood, police evaluations) with adolescents, college-age students and adults,
- Supervised multiple second-, third-, and fourth-year graduate students providing psychotherapy and assessment services to adults (*Umbrella Supervisor*: Dryw Dworsky, Ph.D.),

July 2020 to May 2021 **Harbor Behavioral Health, Bowling Green, OH**

Position Title: Psychology Assistant

Supervised by: Olivia Leverich, Psy.D.

Responsibilities:

- Provided in-person and virtual individual therapy for a diverse population of adolescents, college students, and community members using a variety of therapeutic modalities
- Conducted comprehensive assessments with adolescents, college-age students, adults, and older adults

June 2019 to April 2020 **Psychiatric Center of Northwest Ohio, Blanchard Valley Health System, Findlay, OH**

Position Title: Psychology Extern

Supervised by: Barry Beckman, Psy.D.

Responsibilities:

- Provided in-person and virtual individual therapy for individuals aged 9 to 90 years old using a variety of therapeutic modalities
- Conducted comprehensive assessments with children, adolescents, college-age students, adults, and older adults (including some dementia and neuropsychological testing)

January 2019 to May 2019 **Live FREedom From Emotional Eating (Live FREE) Treatment Study, BGSU**

Position Title: Graduate Student Research Assistant

Supervised by: Abby Braden, Ph.D.

Responsibilities:

- Attended weekly Dialectical Behavior Therapy (DBT) skills supervision sessions
- Consulted with group leaders to assist in reviewing client progress and preparing weekly sessions

Summer 2016 **A Renewed Mind, Toledo, OH**

Position Title: Undergraduate Intern

Supervised by: Julie Weinandy, BSN, RN

Responsibilities:

- Shadowed nurses, psychiatrists, social workers, and counsellors in a behavioral health setting, including home visits
- Researched and presented possible options of procedures for responding to medical marijuana cards in substance use program

Teaching Experience

Bowling Green State University

Guest Lecture: “Behavioral Addictions” for Abnormal Psychology (PSYC 4050)
October 2020
“Common Psychological Assessment Measures” for Foundations of
Clinical Psychological Assessment (PSYC 6640)
December 2018
“How to Find Articles for Research” for Introduction to Psychology
(PSYC 1010)
August 2017

Teaching Assistant: Introduction to Psychology (PSYC 1010; including teaching recitation sections)

Instructor of Record: Jared Branch, M.A., Mary Tisak, Ph.D., & Renee Brott, PsyD

Semesters: Fall 2017, Spring 2018, Spring 2019

Foundations of Clinical Psychological Assessment (PSYC 6640)

Instructor of Record: Abby Braden, Ph.D.

Semesters: Fall 2018

John Carroll University

Teaching Assistant: Experimental Design and Analysis (PS 301/301L)

Instructor of Record: Janet Larson, Ph.D.

Semesters: Fall 2015, Fall 2016

Invited Lecture

Grant, J. T. (2019, May). *Drugs and addiction*. An invited lecture for a Junior Theology class about social issues in the world at St. John’s Jesuit High School, Toledo, OH.

Service and Leadership

Service

2017 to 2022	<i>Member</i> , Diversity Committee in BGSU Psychology Department
2017 to 2022	<i>Mentor</i> , BGSU Undergraduate Psychology Association
November 2017	<i>Volunteer</i> , I CAN DO Program at Kenwood Elementary School, Bowling Green, OH
Spring 2017	<i>Volunteer</i> , Writers in Residence at Cuyahoga Juvenile Detention Center
2016 to 2017	<i>Community Project</i> , John Carroll University Health and Wellness Center
March 2015	<i>Volunteer</i> , John Carroll University Appalachia Immersion Experience
Fall 2013	<i>Volunteer</i> , South Pointe Hospital, Cleveland, OH

Leadership

2022 to Present	<i>Chief Intern, NMVAHSC/Southwest Consortium</i>
2017 to 2022	<i>Clinical Student Representative, BGSU Clinical Psychology Program</i>
2016 to 2017	<i>Vice-President of Programming, Psychology Club</i>
2016 to 2017	<i>Secretary, Psi Chi John Carroll University Chapter</i>
2016 to 2017	<i>President, Alpha Sigma Nu John Carroll University Chapter</i>

Additional Workshops and Trainings Attended**Bowling Green State University Clinical Colloquium**

*This series was suspended in 2019

- Hutson, K. (2018, November). Radically Open Dialectical Behavior Therapy: An Overview.
 Brausch, A. (2018, November). Understanding Suicide and the Postvention Process.
 Francis, S. (2018, April). Considering Parental Predictors of Child Anxiety: The Role of Parental Beliefs About Anxiety.
 Swimmer, G. (2018, March). Chronic Pain: Assessment and Treatment.
 Braden, A. (2018, February). Dialectical Behavioral Therapy Skills as a Stand-Alone Treatment
 Mahoney, A. (2018, January). Sacred Conversations & Connections: Resources & Risks for Diverse Families.
 Clark, M. (2017, November). Social Class and Poverty Research in Counseling and Mental Health
 O'Brien, W. & Singh, S. (2017, October). Assessment and Intervention Approaches in Contemporary Behavioral Therapy.

Clinical Trainings

- Veteran's Affairs Trainings (2022, August) Certification to Complete Compensation and Pension Assessments for Veteran's Affairs.
 Advocates for Basic Legal Equality, Inc. (2021, March). Guardianship and Less Restrictive Alternatives to Guardianship.
 Advocates for Basic Legal Equality, Inc. (2021, February). Public Benefits.
 Advocates for Basic Legal Equality, Inc. (2020, November). Basic Child Rights and How Clinicians can Advocate.
 Harbor Behavioral Health (2020, September). Non-violet Crisis Intervention Training.
 American Red Cross (2020, August). CPR/First Aid Training. *Sponsored by Harbor Behavioral Health.*
 American Psychological Association. (2020, March). Telepsychology Best Practices 101 – Segments 1-4.
 Bonar, E., Mackenzie, C. & Saint, V. (2019, September). Motivational Interviewing Training. *Sponsored by University of Michigan Department of Psychiatry*
 Pargament, K. (2019, March). Spiritually Integrated Psychotherapy. *Sponsored by Midyear Annual Meeting of Div. 36: The Society for the Psychology of Religion and Spirituality*
 Stygles, K. (2018, November). Safe Zone Training. *Sponsored by the Center for Faculty Excellence at Bowling Green State University.*

Kendzierski, K. (2018, September). Naloxone Training. *Sponsored by the Zepf Center and Project DAWN.*

Other Workshops

Ohio Psychological Association of Graduate Students (OPAGS). (2019, February). Prescription Privileges for Psychologists.

Center for Faculty Excellence (2018, November). Connecting Learning Expectations with Assessment. *Sponsored by the Center for Faculty Excellence at Bowling Green State University.*

Center for Faculty Excellence (2018, November). Accessibility and Content Creation. *Sponsored by the Center for Faculty Excellence at Bowling Green State University.*

Center for Faculty Excellence (2018, October). Canvas 101 for Graduate Assistants. *Sponsored by the Center for Faculty Excellence at Bowling Green State University.*

Center for Faculty Excellence (2018, October). Effective and Dynamic Lecture Slides. *Sponsored by the Center for Faculty Excellence at Bowling Green State University.*

Bowman, N. (2018, September). Overcoming the Invisible: Creating and Maintaining an Inclusive Work Environment. *Sponsored by the Center for Faculty Excellence at Bowling Green State University.*

Ohio Psychological Association of Graduate Students (OPAGS). (2018, February). Psychology's Role in Addressing the Opioid Epidemic in Ohio.

Professional and Honor Memberships

American Psychological Association (APA)

American Psychological Association (APA) Division 50 – Society of Addiction Psychology

Theta Alpha Kappa Honors Society

Alpha Sigma Nu (Jesuit) Honors Society

Psi Chi Honors Society